

# With You Through Life's Journey...

Your connection with Social Security starts at birth when you get your first Social Security card. That number remains your continuous link with us and helps us keep track of your work history to ensure you receive the benefits you deserve.



From your first job to your last, your employers have verified your Social Security number with us to help reduce fraud and improve the accuracy of your earnings records.



If you legally change your name due to marriage, divorce, or any other reason, let us know so you can get an updated Social Security card — and so we can accurately keep track of your earnings. Open a *my* Social Security account to verify your personal earnings and watch your future benefits grow over time.



If the unexpected happens, we are there with disability benefits for you and your dependents.



About 1-in-4 of today's 20-year-olds will become disabled before reaching age 67.

If you lose your soul mate, we are there with benefits to help you get through the difficult time.



Securing today and tomorrow

We help you plan for retirement with tools like *my* Social Security and our online retirement application.



Retired workers and their dependents accounted for 76.9% of total benefits paid in 2022.